

# Daily Lesson Plan

<b>Date</b>	<b>Level</b>	<b>Instructor</b>
	2	
<b>Main Skills Taught</b>	<b>Class Day</b>	<b>Class Time</b>

	<b>Teacher Guide</b>	<b>Student Guide</b>	
Opening Activity			<b>Teaching Aids\Materials Needed</b>
First Skill Focus			
First Skill Progression			<b>Pool Locations / benches needed</b>
Second Skill Focus			
Second Skill Progression			<b>Additional Notes</b>